



Reminder D of E Bronze/Gold Training Day, Medical Consent Form and Information Evening

Dear Parents

The Bronze/Gold Training Day is on **Wednesday 6 December** and is on-site with an external provider.

Team Lists

Most students have responded to my request to form groups ready for the start of their expedition section; however, if your child has not chosen a group I will now put them in a group and share this on Satchel One at the end of the week. If necessary, the group formed can be adjusted afterwards for the actual expeditions, but this cannot happen prior to the training day purely due to time restraints and organisation.

Training Day

Students will be off timetable for the training day. They will be expected to attend morning registration in their form rooms and then go to their first session at 8.55am. The timetable for the day will be shown to them by their form tutor. The day will be split into sessions on navigation, first aid, food, rucksacks and campcraft. Although elements of this will be completed in a classroom setting, some of the sessions will be outside; so, can I request your child attend school in non-uniform, waterproofs and wearing suitable shoes? Could they also ensure they bring a cup and sachet of hot chocolate to make when using the stoves.

Information Evening

Following the training day, we will be hosting a parents' information evening on **Thursday 7 December at 6pm in the Hall** for the external provider to introduce you to the expedition section of the award; we will also supply you with further details about the expeditions such as information about locations and kit hire. Please, try your best to attend this information evening as it will be the only time you will meet the external provider prior to the practice expedition and many potential queries can be addressed at this time.

Ocean Rock Medical Consent Form REMINDER

[OceanRock Consent & Medical Form Sir Thomas Rich's \(paperform.co\)](https://paperform.co)

Please can you ensure you complete the Medical Consent Form as soon as possible as Ocean Rock needs to review these prior to the Training Day.

Kind regards

Chloe Rigby-Smith

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